



CENTRAL BOARD OF SECONDARY EDUCATION

(An autonomous Organization under the Union Ministry of Human Resource Development, Govt. of India)

Shiksha Kendra, 2, Community Centre, Preet Vihar, Delhi-110092

CBSE/DIR(TRG)/LS/2012

18th January, 2012
Circular No.10/2012

All the Heads of Independent Schools
affiliated to the CBSE



SUBJECT: International Life Skills, School Health & Wellbeing Summit 2012

Dear Principal,

The Board has introduced Life Skills Education as an integral part of the curriculum in class VI from the academic year 2003-04 and in class VII in 2004-05 and subsequently in classes IX and X. The objectives of introducing the Life Skills Education is to empower the affective domain of the learners that they are able to develop a sense of self-confidence, eco-sensitivity and right approaches to life processes etc. development of basic Life Skills is central to the transaction of this curriculum so that the learners developed as competent and contributive citizens.

There is tremendous evidence that life skills, school health and wellbeing are valuable indicators of progressive schooling across the globe. In retrospect the committee on school health in India (popularly known as the Renuka Ray committee), set up in 1960, highlighted that "Health education should be included as part of general education in the primary, middle and secondary school". The report of the committee provided guidelines and recommendations for both content and appropriate inclusion of health education and services at various stages of schooling.

In the wake of National Health Policy, 1983, and the National Policy on Education, 1986 (Revised 1992), steps were initiated to look at the importance of school health in a more comprehensive manner. CBSE has taken a leadership role in spearheading the cause of health and wellbeing learning in schools since the formulation of the CSHP programme and manuals. The NCF 2005 has articulated the health and physical education component in the overall development of school going children.

With higher school enrollments and the Right to Education in place, schools have become nodal centers for health based programmes. It has also been noted that schools are the key forums for acquisition of health related knowledge, attitudes and life skills. They are indeed the wealth of the nation, empowering the children towards being responsible citizens.

In view of the above the Central Board of Secondary Education is organizing an INTERNATIONAL LIFE SKILLS, SCHOOL HEALTH & WELLBEING SUMMIT 2012 for the schools affiliated to CBSE in collaboration with Expressions India as per the details given below-

Date- 19th to 21st April, 2012

Venue- India Islamic Cultural Centre, New Delhi

The objectives of the Summit are -

1. Understanding concept, Policy & Programs, Innovations, Research & Training in life skills, school Health & Wellbeing.
2. A school safety, sanitation, nutrition, hygiene and health checkup program that is integrated within the comprehensive school health education curriculum and life skills programming. Focus will be on good practices in assessment and continuous evaluation of skill based Co – Scholastic development.
3. Integrated community involvement activities that are designed to engage parents and families as active participants in their children's Health and Wellbeing. A staff health promotion policy is inclusive here in life skills & health promotion.
4. A sequential health and life skills education curriculum from kindergarten through twelfth grade that imparts knowledge, sensory-motor skills and positive attitudes, promoting participation in sports and games and positive adaptive behaviours.
5. Voicing the students health and psychosocial needs and fostering effective school partnership and Identify gaps between the needs and existing services for health education for school going children.
6. To establish a process of peer educators and mentoring paradigm to enhance the landscape of co-scholastic participation

Highlights of the Program

- Global School Health Exhibitions
- Youth Health Parliament
- The Wellness Elocution and poster sessions
- State of the Art Lectures & Hands on Training in 'Leadership for Life Skills'
- Heritage Walk for Wellness

The participants from each school will include 2 Teachers (Including Counselor) & 4 Students (from class IX onwards) so a maximum of 6 delegates per school. Each school team shall participate in the Event for One Day & have a Guided Heritage Tour of the National Capital on Day Two. Each participating school may send a write up of about 1500 words supported by photographs and video clippings on the good practices of Co-scholastic being implemented in their school at the email- cbsecp@gmail.com by 15th March, 2012.

The Registration fee per school is Rs. 15,000/-. This includes registration for all six delegates, conference kit with academic material, Indian Journal of School Health and Wellbeing, Conference Souvenir, breakfast, lunch, dinner at the conference venue and the cost of Heritage Tour on the second day of participation. The Registration Form will be available online. The last date for submitting the Registration Form online is 20th February, 2012. The Registration fee may be paid through a cheque or demand draft in favour of 'Expressions India' payable at New Delhi and which may be sent at the following address:

***Dr. Jitendra Nagpal
Organizing Secretary
No. 38, Pocket-1, Jasola Vihar,
Behind Asia Pacific Inst. Of Management,
New Delhi - 110025***

For queries related to above, please contact-

1) **Mrs. Archana Thakur**

Assistant Education Officer

Central Board of Secondary School

17 Shiksha Sadan, Rouse Avenue,

New Delhi-110002

Contact No. - 011-23230328

E-mail - cbsecp@gmail.com

2) **Expressions India at**

011-64594939, 9958644959, 9910173330, 8527283797

Yours sincerely,



(Dr. Sadhana Parashar)

Director (Training)

Encl: - Poster of the conference

Copy with a request to respective Heads of Directorates/KVS/NVS/CTSA as indicated below to also disseminate the information to all concerned schools under their jurisdiction and to nominate and sponsor five Educators/Principals for their organisation:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18-Institutional Area, Shaheed Jeet Singh Marg, New Delhi-110 016.
2. The Commissioner, Navodaya Vidyalaya Samiti, A-28, Kailash Colony, New Delhi.
3. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054.
4. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh- 160 017.
5. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim – 737 101.
6. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar- 791 111
7. The Director of Education, Govt. of A&N Islands, Port Blair-744 101.
8. Director of Education, SIE, CBSE Cell, VIP Road, Junglee Ghat, PO 744103, A&N Island.
9. The Secretary, Central Tibetan School Administration, ESS ESS Plaza, Community Centre, Sector 3, Rohini, Delhi-110 085.
10. All the Regional Officers of CBSE with the request to send this circular to all the Heads of the independent schools affiliated with the Board in their respective regions.
11. The Education Officers/AEOs of the Academic Branch, CBSE.
12. The Joint Secretary (IT) with the request to put this circular on the CBSE website.
13. The Library and Information Officer, CBSE
14. EO to Chairman, CBSE
15. PA to CE, CBSE
16. PA to Secretary, CBSE
17. PA to Director (ACAD.)
18. PA to HOD (AIEEE)
19. PA to HOD (EDUSAT)
20. PRO, CBSE



Director (Training)



CENTRAL BOARD OF SECONDARY EDUCATION

Invites the participation of your School in the Pioneering

INTERNATIONAL LIFE SKILLS, SCHOOL HEALTH & WELLBEING SUMMIT 2012

Organized in Collaboration with *Expressions India*

19th to 21st, APRIL 2012, India Islamic Cultural Centre, Lodhi Estate, NEW DELHI

GOOD PRACTICES & INNOVATIONS

RESEARCH & TRAINING

Interactive Participatory Workshops, Health Exhibitions, Socio Cultural Events

Theme I

Health Services, School Safety & Sanitation

- Healthy environment
- Hygiene & sanitation
- Emergency services
- First Aid/training
- Health Check- ups/records
- Staff health policy

Theme II

Life Skills Education & Assessment

- Life skills enrichment programs & Values
- Healthy attitudes & values
- Process and impact evaluation
- Developing Resilience with Life Skills Ambassadors

Theme III

Inclusive Practices & Integrated Learning

- Guidance & Counseling services
- Family- School partnerships.
- Counseling & Provisions/ Early -Intervention of SLD's & other disabilities

LAUNCH OF THE FIRST ANNUAL

"NATIONAL SCHOOL HEALTH & Wellbeing QUIZ"

HIGHLIGHTS

- Global School Health Exhibition
- Youth Health Parliament
- The Wellness Elocution
- State of the Art Lectures & Hands On Training in '**Leadership for Life Skills**'

Important Information

- Each School Team Shall Participate in the Event for Two Days. First Day will be at the Conference Venue & Second Day they will join for The Guided Heritage Tour of the National Capital region.
- Participants : 2 Teachers (Including Counselor) & 4 Students (maximum 6 delegates per school)
- Registration : 15,000/per school (Open from 20th Jan 2012 & Closing on 20th Feb 2012)

Mrs. Archana Thakur
Assistant Education Officer
(O) 011 - 23230328
Email: cbsecp@gmail.com

Conference Registration Office:

Expressions India

The Life Skills Education & School Wellness Program

Email: expressions.india@rediffmail.com

011-64594939, 9958644959, 9910173330, 8527283797

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